

**REPORT OF
HEART DOCTORS ACTIVITIES
DURING THE YEAR**

2005

SRI LANKA

DATE OF THE 2ND MISSION: 08.01.2005

PURPOSE: Pharmaceutical aid to Sri Lanka, medical care to sick inhabitants of the island and distribution of food to the victims of “tsunami” .

Transportation of 211 boxes of medicines from Athens to Colombo and delivery to the appropriate state officials there.

One hundred tons of rice were purchased and distributed to families and Buddhist temples in the area of the cities Galle and Matara for the tsunami stricken population. Six members of Heart Doctors offered medical treatment to sick people in the same area.

IRAQ

DATE OF THE 17TH MISSION: 02.02.2005

PURPOSE: Transportation and delivery of medical supplies to Al-Kindy hospital

Two hundred and sixteen boxes of medicines were transported from Athens to Baghdad and delivered to the director of the hospital by a member of the organization.

SRI LANKA

DATE OF THE 3RD MISSION: 04.02.2005

PURPOSE: Contacts with the government of Sri Lanka and agreement with the minister of education for the construction of a school in Beruwala supported by Heart Doctors, sign the contract and prepare the start of the construction works.

The foundation stone was placed on Monday, the 7th of February 2005, during an impressive ceremony. The minister of education, government officials, pupils arranged in lines, dressed in blue and white for the event (donation of the HEART DOCTORS), teachers, Buddhist priests, parents and thousands of people were present.

The school was called "Rhodes", it will serve 320 pupils and will be ready in four months. The cost of construction was covered by Heart Doctors. This school is the first to be built in Sri Lanka after the disaster of December 26,2004.

SUDAN

DATE OF THE 6TH MISSION : 08.02.2005

PURPOSE: Distribution of foodstuffs to refugees living in Northern Darfur.

Forty (40) tons of wheat flour and ten (10) tons of milk (powder) were purchased and distributed to the families in refugee camps near El Fasher in Northern Darfur.

INDIA

DATE OF THE 5TH MISSION : 22.02.2005

PURPOSE: Medical care to the inhabitants of remote and isolated villages of the state ANDHRA PRADESH.

Six members of Heart Doctors visited 6 villages and examined and treated more than 2.200 sick inhabitants.

NIGERIA

DATE OF THE 8TH MISSION: 17.03.2005

PURPOSE: Medical care to poor families of IMO STATE (Southwestern Nigeria).

A team of five members of Heart Doctors visited IMO State after an official invitation by the government. A large number of sick inhabitants living 30-50 kilometers around the city of Owerri were examined and treated.

CAMEROON

DATE OF THE 6TH MISSION : 26.03.2005

PURPOSE: Medical care to inhabitants living in the area NKOL-NGOK of Cameroon.

A team of 5 members of Heart Doctors visited an area 60 Kilometers from the capital of the Country and examined about 3.000 inhabitants.

TANZANIA

DATE OF THE 4TH MISSION: 08.04.2005

PURPOSE: Medical care to sick inhabitants of remote areas.

After long lasting preparations of the mission, five members of Heart Doctors visited the capital of the country (Dar Es Salaam) and offered medical care to 2.000 people living in the area Bagamoyo. This area was selected by the Ministry of Health in Tanzania. The examination and treatment of the sick inhabitants was organized in the medical center of the area. Medical assistants of the local state hospital helped the medical staff as interpreters.

IRAQ

DATE OF THE 18TH MISSION : 21.04.2005

PURPOSE: Transportation and delivery of medicines to Al-Kindy hospital in Baghdad.

Two hundred and seventy (270) boxes of medicines were transported from Athens to Baghdad and delivered to Al-Kindy Hospital.

SUDAN

DATE OF THE 7TH MISSION : 22.04.2005

PURPOSE: Purchase and distribution of foodstuffs to refugees living in camps in DARFUR.

Twenty (20) tons of wheat flour and fifteen (15) tons of milk powder were bought and delivered to the families of refugees gathered near the city of Nyala, southern Darfur.

SRI LANKA

DATE OF VISITING THE PLACE OF SCHOOL CONSTRUCTION:

15.05.2005

PURPOSE: Inspection of school building construction works in Beruwala and progress report.

Two members of Heart Doctors visited Sri Lanka to examine closely the progression of construction works of the two-storied building of the primary school in Beruwala, in the southwestern area of the island. It was ascertained that the work was progressing according to the terms of the contract.

SRI LANKA

DATE OF THE SCHOOL INAUGURATION: 20.06.2005

PURPOSE: Inauguration ceremony of the two–storied school building constructed by Heart Doctors in Sri Lanka.

Two members of Heart Doctors were present in the inauguration ceremony, together with the minister of education of Sri Lanka, religious officials, local and governmental authorities, pupils , teachers, parents and many inhabitants of the area. The pupils were dressed in blue and white (colors of Greece). The vice president of Heart Doctors spoke to those present and cut the inauguration ribbon. The flags of Greece and Sri Lanka were hoisted. The school will serve 320 pupils . The total construction cost reached the amount of 85.000 euros and was covered by Heart Doctors. This was the first school constructed in Sri Lanka after the tsunami disaster.

SRI LANKA

DATE OF THE 4TH MISSION: 06.08.2005

PURPOSE: Food provision to starving families

Ten (10) tons of rice, five (5) tons of milk and 500 kilos of sugar were bought in Sri Lanka and distributed to the famine stricken families living in camps in the towns BALIGAMA and UNA BATUNA.

IRAQ

DATE OF THE 19TH MISSION : 06.09.2005

PURPOSE: Provision of medicines to Al-Kindy hospital in Baghdad.

A load of 850 kilos of medicines and other hospital materials were transported from Athens to Baghdad and delivered to the director of Al-Kindy hospital. It was understood that medicines are urgently needed because of the great numbers of wounded that are taken to the hospital every day.

GEORGIA

DATE OF THE 1ST MISSION :22.09.2005

PURPOSE: Evaluation of the current conditions and problems of the Greek-speaking community at the present time in Georgia (in order to organize appropriate missions in the future).

Two members of Heart Doctors visited Tbilisi, the capital of Georgia and were received by Mr. Iordanidis, president of the Greek community. The team visited the village IRAKA (60 Kilometers from Tbilisi). No serious health problems were noticed. The team also visited the villages INERA, MESTASENI, ZANTA. The area is often attacked by gangs. Heart Doctors have asked the Greek minister of Foreign Affairs to send 4 suitable cars for the local Police.

IRAQ

DATE OF THE 20TH MISSION : 29.09.2005

PURPOSE: Delivery of medical materials to a hospital in Iraq.

Three hundred and fifteen (315) boxes containing medicines were taken from Athens to Iraq and were delivered to Al –Kindy hospital in Baghdad .

PAKISTAN

DATE OF THE 1ST MISSION: 12.10.2005

PURPOSE: Humanitarian assistance to the victims of the earthquake that struck northern Pakistan (Kashmir).

The earthquake (7,8 Richter) struck the region of Kashmir leaving more than 80.000 people dead and 3.0 million people homeless. Heart Doctors participated in a special mission to Islamabad and offered medicines to the victims of the earthquake (they were transported with a C-130 military aircraft). One member of Heart Doctors accompanied the load.

SUDAN

DATE OF THE 8TH MISSION: 18.10.2005

PURPOSE: Provision of food to the famine stricken population of refugees in Southern Darfur.

Twenty (20) tons of wheat flour and nine (9) tons of milk powder were purchased and transported to Nyala, Southern Darfur. The foodstuffs were distributed to the refugees staying near Nyala.

NIGER

DATE OF THE 1ST MISSION : 29.10.2005

PURPOSE: Free medical examination and treatment and provision of food to the famine stricken inhabitants of Niger living in very poor areas that suffer from drought.

Six members of Heart Doctors visited Niger through Nigeria carrying medicines from Athens. Two hundred tons of millet, sorghum and maize were bought from Nigeria and transported to the Republic of Niger with big trucks. Part of this quantity was purchased with the amount of 50.000 euros that was given to Heart Doctors by the Greek ministry of Foreign Affairs (International Development and Cooperation Service-YDAS) for this purpose. Food and medical services were offered to cattle breeders and their families living pastoral nomadic life (Fulani, Touareg, Hausa). The mission covered the area between the cities Zinder and Maradi (the places visited were Goure, Tinaboro Borri, Mouamde Aly-Kiro). Medical services were offered to about 4.500 adults and children that gathered in six different places.

IRAQ

DATE OF THE 21ST MISSION: 28.11.2005

PURPOSE: Provision of external fixation sets to the hospital Al-Kindy in Baghdad.

One member of Heart Doctors and one orthopaedic doctor transported from Athens to Baghdad 110 external fixation sets and delivered them to Al-Kindy. The sets were offered by 3 state Hospitals in Greece.

SUDAN

DATE OF THE 9TH MISSION: 08.12.2005

PURPOSE: Provision of food to refugees in Northern Darfur.

Forty (40) tons of powder milk and twenty five (25) tons of wheat flour were bought and distributed to refugee families gathered outside the city of El Fasher.

The members of the team who participated in the missions accomplished during the year 2005 are:

Dr. Xenophon Yataganas, Professor of Internal Medicine and Hematology

Dr. John Sotiriou, general practitioner

Mrs. Helen Sotiriou, registered nurse

Mrs. E. Lyra, administrator

Mrs. Mary Ypsilanti, medical assistant

Mr. Pantelis Ypsilantis, administrator

Dr.S. Iliopoulos, Orthopaedician

SUMMARY OF ACTIVITIES IN 2005

In the year 2005 HEART DOCTORS accomplished 21 missions in various countries of Africa and Asia.

Of these, 4 were for consultation and treatment of sick people in remote areas of Africa and Asia, in 5 foodstuffs were provided to the poor and in refugee camps and in 6 medicines and hospital materials were donated to Hospitals in Iraq and in Pakistan; two missions were accomplished for food provision and medical treatment to Sri Lanka and Niger. Three missions were organized for the construction of a school building in Sri Lanka. One mission to Georgia was realized for the evaluation of the existing local situation. The materials provided during 2005 were donated by anonymous people and schools from the cities of Thessalonika, Athens, from the Dodecanese, mainly the island of Rhodes and from the islands Myconos, Samos, Lefkada and many cities all over the country.

We wish to express sincere thanks to all anonymous persons and firms who trusted their donations to HEART DOCTORS and we assure them that all materials were handed over to the people who needed them by the members of the Organization in person, without taking into consideration color or religion. We also thank the Greek Ministries of Foreign Affairs and National Defense for their assistance (C-130 aircraft). We are grateful to the state Hospitals in Athens (KAT, RED CROSS) and in Rhodes for the external fixation sets they gave us.

The costs of all missions in 2005 , including acquisition of food, travel and accommodation expenses, were covered by donations of the members and friends. Part of the assistance to the refugees in Sudan and poor cattle breeders in Niger was covered by a contribution from the Greek Ministry of Foreign Affairs.