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HEART DOCTORS

Court decision N° 4229/2001 N.G.O. Serial N° 131

HEART DOCTORS ctivities of the year 2015



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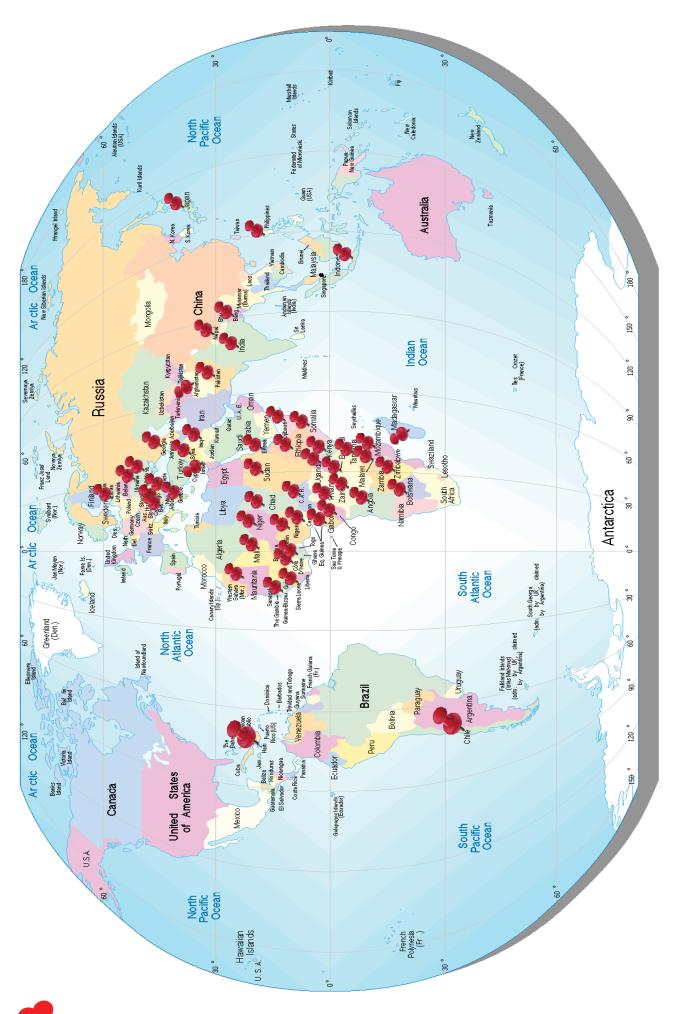
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ntroduction

"Heart Doctors" is a Greek, humanitarian, non-profit, non governmental organization. Its main duty is offering free medical assistance, medicines, food, clothes, shoes, mattresses and other necessary items, in extremely urgent cases where human populations face serious dangers and live in utter distress (wars, massive violent internal dislocation of populations, epidemics, natural disasters - earthquakes, typhoons, floods, tsunamis - prolonged periods of hunger due to droughts). Furthermore, "Heart Doctors" offer free medical assistance and necessary medicines to populations in isolation or living in distant places where no such services are provided. They also finance many humanitarian projects such as water supply installations, buildings for medical institutions, hospitals, schools, libraries etc.

The organization was founded in 2001, while its members were already offering their humanitarian services before the official foundation. Up to today "Heart Doctors" have carried out 865 missions in 65 countries of Africa, Asia, Europe and America. Furthermore, the Organization has offered its services and support to a number of countries that are in a state of war such as Iraq, Lebanon, Gaza strip, Afghanistan, Pakistan, Syria and Libya; it has also helped countries struck by earthquakes or tsusamis such as Iran, Haiti, Chile, Java, Japan and Sri Lanka. Flood victims have been assisted by "Heart Doctors" in India, Bangladesh, Myanmar and the Balkans. Philippines were visited and helped when typhoons caused major disasters. Food is distributed to starving populations in Sudan and Darfur, Ethiopia, Somalia, Congo, the Democracy of Niger, Mozambique, Guinea Bissau, and Cameroon.

In Greece the Organization has carried out various missions in emergency cases and disasters such as earthquakes, major fires and in recent years it assisted considerably the General Hospital in Rhodes island and the General Hospital in Drama. Meanwhile, it supports poor families of unemployed uninsured or homeless people.

All the members of the organization are volunteers. Members, friends and collaborators of the Organization work always voluntarily without any recompense.

Activities in the year 2015

In the year 2015, the Organization accomplished **66** missions in **19** countries. "Heart Doctors" missions are realized by its members who visit the sick and people in need at their home or in places where disasters have taken place. The aid is always offered or distributed directly by the members of the Organization. At this point, we should mention that this year "Heart Doctors" emphasized mostly in relief programs in Greece offering food, medical services, medicines to people that are in distress. Furthermore, "Heart

Doctors" visited many schools not only in Attica, but also in Central Greece, Thessaly, Macedonia, Thrace, Peloponnese, Crete, Cyclades and Rhodes in order to give speeches about volunteering.

We point out that many anonymous friends, who are fully devoted to the humanitarian work and volunteering, carry out certain missions covering all the required expenses.

"Heart Doctors" congratulate and thank these people for their true and selfless love and their generous donations.







Missions for Medical services

During the year 2015, "Heart Doctors" visited four African countries and offered free medical services to populations living in distant or isolated agricultural places. These countries are listed in the table below:

Country	Number of missions
Ivory Cost	1
Cameroon	3
Burundi	1
Nigeria	1
Total	6

A short summary of the missions is given below:



On the 16th of January 2015 a five member team traveled from Athens to Douala in Cameroon. The purpose of the mission was the medical attendance of the population of rural areas in the district of Katrang, in the north-eastern part of the country. On the 17th, the team moved by air to the city of Maroua and then continued by car to Katrang district - a 3.5 hour drive. In Maroua, necessary provisions were purchased, that is bottled water and some local foodstuff for the team and also for the 4 soldiers, who were assigned to escort the team during the entire duration of the mission. The escorting by a fully equipped team of commandos was considered absolutely necessary because of terrorist actions in the Nigerian-Cameroon borders. These borders on the west had been declared war zone and because of these conflicts. traveling near the borders and traffic in the city of Maroua has been reduced considerably. This situation has a major impact on the economy of northern Cameroon.



The team reached the district of Katrang in the early evening hours and settled in the huts of buckaroo type, which had been constructed years ago with the support of "Heart Doctors".

From the 18th to the 23rd, large numbers of people from long distances, even from neighboring Chad, came to meet the doctors for examination and treatment. The consultation took place in a large building close to the huts and soldiers were taking care of the order.





Most frequent health problems were bilharziasis, helminthiasis, malaria, diarrhea, low back pain, infections of upper respiratory tract, eye problems, and skin diseases.



On the last day, after the end of consultation, large quantities of rice with sauce were distributed mostly to children and women and everybody was very happy. This was followed by local dances under the sound of tam-tam. On the 23rd the team returned to Douala with an overnight stay in Maroua; it reached Athens on the 25th of January 2015.









On Monday, the 2nd of February, 2015, a five member team of "Heart Doctors" flew from Athens to Abidjan, the former capital of Ivory Coast, through Istanbul. The purpose of this mission was to offer free medical services and medication to sick people living in communities off the city of Abidjan.

The local organization and coordination of the mission and the selection of the communities to receive the relief was the responsibility of Rev. Savvas, the Christian Orthodox Metropolitan of Accra; the local Christian Orthodox Clergy of Abidjan offered their assistance. The Governor of the Abidjan Administrative Region offered hospitality and the necessary means of transportation.

The team stayed at Abidjan and every day moved by car to the communities selected to examine the patients and treat them. The communities which received medical assistance were the following:

4.2.2015, Community Beago, of the region Yopougon.

5.2.2015, Community Guebo 2, of the region Songon.

6.2.2015, Community Anan, of the region Bingerville.

7.2.2015, Community Brinbresso, of the region Songon.

8.2.2015, Work for the people of the Christian Church at Abidjan.









Diseases observed were the ones common to the wide area of Western Sub-Saharan Africa; malaria was more frequent. The standard of living is low but there is little food for everybody in the country.

"Heart Doctors" express their warmest thanks to the Metropolitan of Accra Rev. Savvas and the clergy in Abidjan as well as the local Authorities of Ivory Coast for their kindness and willingness to assist the mission effectively.







On the 14th of February 2015, a five member team of Heart Doctors departed from Athens for Extreme Northern Cameroon, to offer medical services and medication to patients of Goulfey community, following an invitation by the mayor of that city. The situation there is very dangerous, due to the activities of terrorists from Nigeria; their organization, called "Boco-Haram", consists of Islamic extremists, who act in North Eastern Nigeria and the neighboring regions of Chad and Cameroon, killing and kidnapping especially young people and women.

The team was received at the airport of N'Djamena in Chad by the mayor of Goulfey and next morning crossed the borders and entered Cameroon without delay at the control station, due to the presence of the mayor. The team visited the office of the local authorities in the city of Kousseri and then moved northwards with two cars and a third with 5 soldiers in full combat equipment.

The escorted team of "Heart Doctors" reached Goulfey and settled in the residence of a former minister, who donated the building to the local government as a guesthouse. After arranging the accommodation, the team visited the hospital of the city and was guided to the different rooms. A place was chosen in the veranda of one of the buildings of the hospital compound, appropriate for consultation work in the next days. The doctors and nurses of the hospital joined the team.

From the 16th to the 20th of February 2015, a large number of people with health problems was daily attended. The nurses have done their job interpreting, giving instructions and explaining doctor's advice, keeping the gathered crowds in order together with the soldiers. The work stopped at 14 hours, after the last patient was seen, and the hospital personnel and the team returned to their accommodation and house-









holds. Almost all people were Muslims of mainly African but also Arabic origin.

Most common health problems were malaria and anemia, gastritis due to the additives used in daily cooking, hypertension due to excessive salt, eye problems due to dusty atmosphere, infections of the respiratory and urogenital tract, diarrhea and low back pain. On the afternoon before our departure, the local governor visited the team expressing sincere thanks for its contribution to the health situation of the people in his region. This man had welcomed "Heart Doctors" on the arrival in the government building and had also paid a visit one day on the field of the medical work.

The field from the borders with Chad to the city of Goulfey reminded us of a war zone due to the war vehicles and tanks seen frequently everywhere. The vehicles belonged to the army of Chad, a country fully involved in the help of Cameroon, in facing the terrorists from Nigeria.





18th Mission igeria



On 23.3.2015, a five member team of "Heart Doctors" departed from Athens for Nigeria in order to offer free medical services and medicines to poor people living in Amasiri village, in Ebonyi State. This mission was organized by the Greek Organization "Plateia" (Komotini, Thrace) in cooperation with the humanitarian Organization "Gilead Springs International Inc." (president of this Organization is Dr. Andrew Okoh, who organized locally the mission in Ebonyi State).

The members of the mission were welcomed at the airport of Port Harcourt by the local organizers, who put at their disposal an eight seat bus for their movements during the mission. The team moved by car from the airport to Amasiri village (Ebonyi State). A large new building with many rooms had been prepared at the village to be used as the dispensary. There was electricity supply available in the building and other necessary means; interpreters were also available. The team met at that building a crowd of sick people waiting, who had been informed about the arrival of the doctors. All the sick people were examined and treated. After finishing the examination and treatment, the team moved to Itim, a neighboring village, where a suitable large house had been prepared for the accommodation of the team.

During the next three days (25, 26 and 27 of March) the team worked in the above mentioned building in Amasiri, examining and treating patients gathering there in great numbers (from 8.30am to 4.00 pm).

Keeping the masses in order was not easy since impatient people rushed in masses to enter the examination rooms.

On the 28th of March medical services were offered to sick inhabitants at Itim village. On the 29th of March the team did not work,







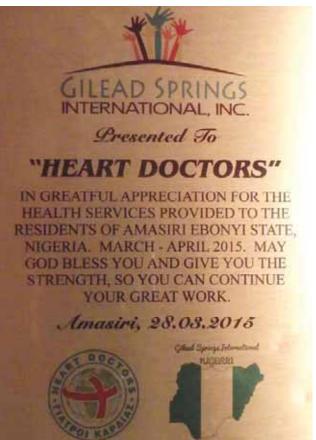
because it was the day of general elections – circulation and gatherings were not allowed. On the 30th of March patients were examined at Amasiri. A special celebration with local events, singing and dancing, were organized to honour "Heart Doctors" for their humanitarian assistance to the people of Amasiri and Itim. Present was the traditional Ruler (king) who gave a plaque to honor "Heart Doctors".

The mission members of "Plateia" arrived to Amasiri one week earlier than "Heart Doctors" in order to work for the preparation of the medical mission. One of those mem-

bers assisted the team by preparing medicines for the doctors; the rest of the members of "Plateia" taught the children of the villages painting, computing, mathematics, health care and showed them how to make hand-made ornaments. They also spoke to grown ups about AIDS and human rights.

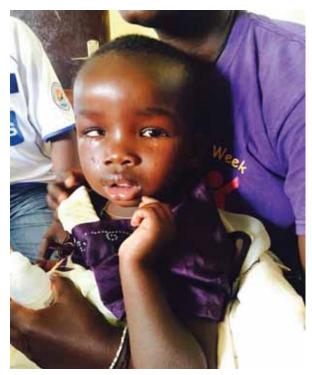
The main health problems observed were epigastric pains due to excessive use of pepper and other spices, hypertension due to the use of salt and to the consumption of dried salted fish, low back pain, infections of the urinary and reproductive systems (mainly in women), eye problems, gastroenteritis, tuberculosis and malaria.

"Heart Doctors" thank cordially the members of "Plateia" and Dr. Andrew Okoh as well as his local friends and assistants and "Gilead Springs International Inc." for their enthusiastic participation and contribution to the success of the mission.









On Thursday the 29th of October 2015, a five-member team of "Heart Doctors" left Athens for Burundi through Istanbul-Turkey. The purpose of this humanitarian mission was to offer medical assistance and medication to sick populations living in remote and isolated rural communities in the province of Karuzi. The local preparation and coordination of the mission was undertaken by the Governor of the province.

The members of the team stayed at an hotel in the capital of Karuzi. Every morning they visited by car a community of the province as scheduled by the coordinator; they worked there till evening and then they returned to the hotel to spend the night. The sick people gathered at local medical centers, schools or other suitable places where "Heart Doctors" arranged their improvised medical camp and received the people for examination and treatment.

The following communities were visited:

31.10.2015, Gisimbawaga

1.11.2015, Mutumba

2.11.2015, Gihogazi

3.11.2015, Nyabikere

4.11.2015, Nyabikere





The main health problems treated were: malaria, diarrhea, bronchitis, skin diseases, conjunctivitis, low back pain, HIV, joint pain, elephantiasis, tuberculosis, parasites, gastritis, undernourishment.

"Heart Doctors" express their warmest thanks to the Governor of Karuzi and the local authorities of the Province.









On the 10th of November 2015, a five member team departed for Cameroon through Chad. The purpose of the mission was the medical attendance of the populations in two districts, the district of Katrang and the district of Goulfey in the Extreme Northern Region of the country. The mission had been organized by a travel agent; he was responsible for transport and security of the team through Chad and Cameroon.

The team arrived at the airport of N'Djamena in the evening of the 10th of November and was received by the mayor of Goulfey who kindly assisted us in customs clearing and escorted us to an hotel.

Next day, the team traveled in a mini bus south along the river on Chadian territory to the village of Bongor, near the river - a four hour drive. The transport across the river was done with pirogues and on the Cameroon side the team was expected by a priest of the Katrang region, two soldiers for security and a new mini bus. The military escort was a necessary prerequisite for all westerners, according to governmental orders, because of the extremist activities of the Boco-Haram organization at the Nigerian-Cameroonian borders.

The team continued towards Katrang, another two hour drive, and reached the site of our activities at sunset, where the members were welcomed by well known people, who take care of the compound with the buckaroos being used by the team for more than 10 years.





From the 12th to the15th of November, a large number of people came to the compound to be examined and treated from Katrang district and also from neighboring Chad, passing the borders for one day. Frequent health problems were malaria, infections of the respiratory tract, low back pain, arthritis, wounds and helminthiases.

On the 16th of November, the members of the mission returned to N'Djamena through the same road to the borders with Cameroon, where there were expected by the mayor of the city of

Goulfey. Following the same time consuming formalities of police control and customs clearing at the Chadian borders, the team passed easily through the borders of Cameroon and reached the office of the head of the district for salutations according to the protocol. The man had been informed about our coming and our activities as humanitarians around the world, and expressed his sincere thanks for our services to the community. Thereafter the team moved by car through the desert to the city of Goulfey and settled in the same house of a former minister as in a previous mission.

During the days of 17-19 of November, the team worked in the dispensary of the city, helped by nurses of the health center. Frequent health problems were, besides malaria, gastritis due to various additives used for cooking, hypertension, low back pain, infections of the respiratory and urinary tracts, vision problems and helminthiasis.





Missions for delivery of medicaments

During the year 2015, "Heart Doctors", realized 19 missions for delivery of medicines.







After the two big earthquakes in Nepal (7,9 and 7,4 Richter) "Heart Doctors" organized four missions for distribution of medicaments, food and drinking water on the 2.5.2015, 14.5.2015, 29.5.2015 and 29.6.2015.

























Missions for provision of food

Country	Number of missions
Eritrea	3
India	2
Niger State	1
Somalia	4
Sudan	4
Djibouti	3
Total	17

In **Eritrea**, wheaten flour, rice and milk powder for children were distributed to the people living in Asmara (4.1.2015, 24.4.2015, 1.7.2015).

In **India**, rice was distributed to people living in very poor villages in Andhra Pradesh (30.7.2015, 21.10.2015).

In the **Democracy of Niger**, in the town of Zinder in South Niger, rice, corn flour and milk powder for children were distributed to the tribes Fulani, Tuareg and Hausa. Due to excessive drought, people suffer from scarcity of food (5.1.2015).

In **Somalia**, wheaten flour, milk powder for children, rice and sugar transferred from Djibouti were distributed to the population in need living near the boarders with Djibouti (4.1.2015, 24.4.2015, 1.7.2015, 29.9.2015).

In **Sudan**, four missions were accomplished for distribution of wheaten flour, milk powder for children, rice and sugar to starving people living in the suburbs of Khartoum (4.1.2015, 24.4.2015, 1.7.2015, 29.9.2015).

In **Djibouti**, wheaten flour, milk powder for children, rice and sugar were distributed (4.1.2015, 24.4.2015, 1.7.2015).





Clothing, shoes, school material etc.

Country	Number of missions
Eritrea	1
Georgia	3
Zimbabwe	2
Mozambique	2
Moldavia	3
Djibouti	1
Total	12

In **Georgia (Tbilisi)**, clothing for children living in orphanages, bed sheets to a home for the aged and jackets and school bags for students were distributed (27.1.2015, 5.9.2015, 19.12.2015).

In **Eritrea**, school stuff (pens, pencils, pencil cases, school bags etc) was distributed to students (22.9.2015).

In **Zimbabwe**, shoes and athletic uniforms, children clothes, plates, glasses, buckets and several kitchen utensils were distributed to very poor families (25.4.2015, 1.7.2015).

In **Mozambique**, the same goods distributed to Zimbabwe were distributed to very poor families via Zimbabwe borders (25.4.2015, 1.7.2015).

In **Djibouti**, school stuff (pens, pencils, pencil cases, school bags etc) was distributed to students (29.9.2015).

Humanitarian aid in Greece



Medical services to refugees

After an invitation from a team of volunteers, the "Heart Doctors" pediatrician visited and offered his medical services to Afghan families in Pedion tou Areos on the 11th an 14th of August.



Food aid for Church and Municipality free meal in Komotini

During a visit of "Heart Doctors" to schools in North Greece (12-15-1-2015), the team met with the Metropolitan of Maronia and Komotini Mr. Panteleimon and the vice mayor of Komotini Mr. John Garani and donated milk, rice, pulses, olive oil etc. to the church and the municipality in order to support the common meals.

Relief to General Hospitals in Greece

In 2015, donation of medical and paramedical material to several General Hospitals in Greece was carried out on ten occasions.







Relief program in Perama

This year, the special program in Perama continued successfully, with a team of volunteers under the leadership of the pediatrician Dr. Vassilios Dimadis who offered medical services to families in need. Usually, the team works at the church of Saint Paraskevi as well as at the houses of the people. They distribute medicines and vaccinate children whenever necessary. Most of the people treated are very poor, have no work and no insurance. Usually, together with the medical services, the team distributes materials that are necessary such as milk for babies, foodstuffs, clothes etc.





Marousi

At the church of St. Apostles, situated in Marousi, the pediatrician, examined children of very poor families gathering there from various places of Athens.

Youth Training in volunteering

Youth Education on volunteer matters

Many students, with their parents permission, together with their teachers participate in "Heart Doctors" training programs. In this way, students gain experience on volunteer activities. Furthermore, the participating students get a certificate confirming their training in our volunteering programs.



School visits

Every year the vice president of "Heart Doctors", Mrs. Helen Sotiriou, together with members and friends of the Organization visit nurseries, primary and high schools in several areas of Greece in order to inform the children about the work of the organization and sensitize the youngsters of the voluntary work to help their fellow human being. They also inform the children about the living standards of the people we visit in the missions, their way of life and their needs. During this year, the following 49 visits have been realized:

School visits in Attiki:

28.1.2015, 2nd Primary School of Zefiri

28.1.2015, 6th Primary School of Petroupoli

28.1.2015, 3rd Primary School of Petroupoli

29.1.2015, 17th Primary School of Saint Dimitrios

29.1.2015, 4th Junior High School of Alimos

29.1.2015, 10th Primary School of Saint Dimitrios

2.3.2015, 38th Primary School of Piraeus

2.3.2015, 46th Primary School of Piraeus

2.3.2015, 20th Primary school of Piraeus



3.3.2915, 4th Primary School of Salamina

3.3.2015, Primary School of Paloukia Salamina

3.3.2015, **13th Primary School of Koridallos**

12.3.2015, 32nd Primary School of Piraeus

12.3.2015, Special Primary School PIKPA Pireaus

12.3.2015, 4th Nursury School of Athens

16.3.2015, 2nd Senior High School of Vrilissia

17.3.2015, 2nd Primary School of Nea Peramos, Megara

17.3.2015, 2nd Primary School of Mandra

2.4.2015, 1st Primary School of Kalyvia Attikis

15.5.2015, 1st Nursery School of Kalyvia Attikis

19.10.2015, 4th General Senior High School of Ilion

19.10.2015, 6th Nursery School of Ilion

19.10.2015, 13th Nursery School of Ilion

19.10.2015, 23rd Primary School of Ilion

4.12.2015, 13th Primary School of Halandri

4.12.2015, 16th Primary School of Marousi

7.12.2015, 6th Primary School of Dafni

Visits in Cyclades

12.10.2015, Junior High School of Tinos

12.10.2015, General Senior High School of Tinos

Visits in Thessaloniki





12.1.2015, Junior High School of Vassilikon, Thessaloniki

Visits in Kozani

12.1.2015, Primary School of Kozani

Visit in Veria

12.1.2015, 4th Junior High School of Veria

Visits in Xanthi

13.1.2015, Junior High School of Ehinou Xanthi
13.1.2015, 6th Primary School of Xanthi

Visits in Komotini

14.1.2015, 8th Primary School of Komotini 15.1.2015, 3rd Primary school of Komotini

Visits in Peloponnese

19.3.2015, 4th Junior High School in Aigio

19.3.2015, Primary School in Labia

19.3.2015, Primary school in Erimanthia-Achaia

20.3.2015, Primary school in Lakopetra Achaias

20.3.2015, 3rd Primary School in Achaia

20.3.2015, Primary School in Metohi Achaias

20.3.2015, 5th Primary School in Pirgos





Visits in Crete

12.5.2015, 8th Primary School in Rethimno

12.5.2015, 30th Primary School in Iraklion

12.5.2015, 53rd Nursery School in Iraklion

Visits in Dodekanese

Spring 2015, Junior High School in Soronis, Rhodes 3.12.2015, Educational foundation, Rhodion Pedia, Rhodes







Gathering of medicines and other materials

"Heart Doctors" accept any kind of donations of medicaments which are in turn given to the people in need, free of charge. School students, nursery students, coaching school students, foreign language and university students send medicines either by post or bring them by themselves to our office. Furthermore, youngsters from all kind of athletic and other associations donate medicines.

The Greek Orthodox Church, certain enterprises and their staff and pharmacies, pensioners and even unemployed people bring to the Organization medicines, as their income allows them to do so.

The medicines for tropical diseases that are not produced and cannot be found in Greece are purchased from the European market.

In addition to the medicaments used in our medical missions, many other useful goods are distributed to populations in distress (milk powder, sugar, wheaten flour, rice, beans, drinking water, clothes, shoes, mattresses, housekeeping stuff, school materials, mosquito nets etc.). Most of the goods mentioned, which are distributed in countries abroad, are usually bought close to the areas receiving the relief, in order to minimize the transfer cost. In the past, the Organization has repeatedly gathered foodstuffs in Greece that were transferred to the countries in need by military Airplanes C-130. Bulky and heavy things aren't collected anymore in Greece.

At this point, we should mention that all the people participating in the missions of the Organization, are covering by themselves their own traveling expenses as well as their meals and accommodation.

Details concerning the medicines gathered by "Heart Doctors" are found in our website: www.heartdoctors.gr.



Mission Members

Xenophon Yataganas, Doctor, Professor of Medicine and Hematology

Ioannis Sotiriou, Doctor, General Practitioner

Vassilios Dimadis, Pediatrician, Doctor of the University of Athens

Helen Sotiriou

Mary Ipsilandi

Pandelis Ipsilandis

Eugenia Lira

Maria Triantafillou-Yatagana

Stefania Lamprou-Yatagana

Irene Andersen

Stella Sfetkopoulou

Andreas Yataganas

Venetia Xiptera

Konstantinos Kalaitzis

Romilos Tzenetoglou, pharmacist

Colleagues from Thessaloniki:

Popi Dimitriadou

Hassan Badaoui, Professor, University of Thessaloniki

Evina Dimitriadou-Badaoui

Timos Dimitriadis

Pandelis Ziogou

Simeon Ziogou

Parthena Kiorteve

Vasileios Abatzidis

Artemis Kehagia

Dimitrios Tzelepis



We would like to express our thanks to all the young people of our country who bring medicines and clothes for the people of Greece and abroad who are in great need. Their feelings of selflessness, love and offering are very important for our society.

Children in nursery schools, in primary, secondary and high schools, university students and students in foreign coaching schools, from athletic associations, by their own initiative or encouraged by their teachers or relatives trust us and give us their offerings. We thank each one of them.

Due to the economic crisis there is a decrease as far as the offers are concerned. However, many civilians, businessmen, pharmacists, pensioners, still send us some medicines. We thank them.

Many friends contribute to our work by offering their services (personal help either by transferring the relief material or by checking and classifying the medicines that we gather). Others offer their own vehicles for the transportation of our material. Some others work in groups in Athens, Thessaloniki, Rhodes, Imathia, Aminteo, Kozani, Serres, Alexandroupolis etc. in order to facilitate and coordinate the gathering of medicines. We thank all those selfless friends who offer a lot and want to remain anonymous.

Furthermore, we would like to thank the chief officers and the employees of the following airline companies: Air France, Lufthansa Airways, Aegean Airlines, Brussels Airways, Cameroon Airlines, Egypt Air, Kenyan Airways, Emirates Airways and Turkish Airlines for their excellent cooperation and facilitation of our members traveling for humanitarian missions.

We thank the Pope and Patriarch of Alexandria and whole Africa Mr. Theodoros the 2nd, the Patriarch of Jerusalem Mr. Theofilos the 3rd, the Patriarch of Antioch Mr. Ioannis the 10th, the Archbishop of Cameroon Mr. Grigorios, the Archbishop of Nigeria Mr. Alexandros, the Archbishop of west Tanzania Mr. Ieronimos, the Archbishop of Nairobi Mr. Makarios, the Metropolitan of Accra Mr. Savvas and the Archimandrite Mr. Themistoklis Adamopoulos of the Diocese of Sierra Leone as well as the whole holy clergy of the above mentioned churches for the help they offer to the members of our missions and for their important contribution in the organization of our missions. Furthermore, we would like to thank for their help and cooperation the priests and the church warden of the following churches: Saint Paraskevi in Perama, the head priest of Saint Nicolas church in Ilion and the head priest of the Holy Trinity church in New Kifisia.

We would like to thank all the people working in the Department of International Developmental Cooperation of the Ministry of Foreign Affairs of Greece, the staff of the Diplomatic Services of Greece in countries abroad, especially in Nairobi, in Abuja, in Khartoum, in Bujumbura (the Honorary General Consul Mr. George Coucoulis), in Antananarivo (the Honorary General Consul Mr. Panagiotis Taloumis) and in Accra (the Honorary

General Consul Mr. Theofilos Pizanias). Furthermore, we would like to thank the Ambassador and the Consul of Nigeria in Athens, the Honorary General Consul of Ghana in Athens (Mr. Panagiotis Tsakos) and of Ivory Coast in Athens (Mrs. Mero Kesesioglou). Also many thanks to the Honorary General Consul of Cameroon in Nicosia (Mr. Charalambos Christofidis).

We warmly thank the following friends for their local assistance: Hon. Umaro Tanko Kuta in Nigeria, Hon Buccumi Moise, MP in Burundi, Mr. Abdul Fofana, his wife Samira and Dr. Sesay, MP in Sierra Leone, the diplomat Sidamine Ould Ahmed Challah in Mauritania and the Greek friends Hari Malios and George Kouris in Mali. Their help has been very important for "Heart Doctors".

The Consular Authorities of Cyprus in many countries offer their services willingly and promptly, facilitating our humanitarian missions. We thank them for their enthusiasm and dedication.

Finally, we would like once more to thank and congratulate all the anonymous friends who act with us and support with their own means suffering human beings in various countries; they set a standard inspiring example.

